

COME AND PARTY YOURSELF INTO SHAPE

***REGULAR PHYSICAL ACTIVITY CAN HELP
PREVENT BREAST CANCER***



**The Pink Ladies are organising a fun
Zumba® Fitness workout to help raise
awareness about breast cancer prevention.**

Saturday, October 1st

11am – 12pm

at St Sampson's High School

Places cost £5.00 and are limited

Please arrive early to avoid disappointment

All funds go directly to the Pink Ladies

