



'Pink Ladies'
Guernsey's Breast Cancer Support Group
Sunset Coastal Walk
Saturday 20th June 2009

Registration Form

Print Name:

Company (if relevant):

Address:

Team Name:

Number of walkers in Team:

Age (if under 16 we will require the consent of either a parent/guardian, and that each person must be accompanied by an adult walker):

I hereby give my consent that the above named person can take part in the Sunset Coastal Walk

Parent/Guardian: (sign here).....

Name of accompanying adult walker:

Registration Fee: £10.00 per person please make your cheque payable to **'Pink Ladies'**

Approximately 10.5 miles - Start time 6.00pm

Please check in and hand in your sponsorship forms before the start time:

Route A Start: Car park at Grandes Rocques, follow coastal path round Le Port aux Malades, cross gravelled car park entrance around Port Soif to tarmac road. Pass front of kiosk (toilets nearby) and take the path round Portinfer. Turn right through gravelled car park (behind the shooting range) and pick up the path again at the main road. Turn left and follow the path along La Baie des Pequeries and cross the gravelled road leading to the car park, then pass the Pulias Pond to the main road. Turn left and, **taking care of traffic**, follow the main road to Port Grat. Regain the path behind Port Grat and continue all the way around Rousses headland to the car park (with water station & toilets nearby). Continue the coastal path around Grande Havre to Les Amarreurs (toilets) and Ladies Bay to Chouet Kiosk (with water station & toilets nearby). Then double back on to Mont Cuet Road until the cross roads, **taking care crossing** straight ahead to La Route de L'Ancrese, continuing along the main road via La Moye Road, La Rochelle Road to Bordeaux (with water station & toilets nearby). From here, follow the coastal path round Vale Castle and along to the Bridge, then along Bulwer Avenue, continuing along the front to the finish in Town.

Approximately 3.5 miles - Start time 8.00pm

Please check in and hand in your sponsorship forms before the start time:

Route B Start: Car park at Bordeaux kiosk (with water station & toilets nearby), then follow coastal path around Vale Castle and along to the Bridge, then along Bulwer Avenue, continuing along the front to the finish in Town.

Please indicate which walk you wish to take part in! route A or route B

Please Note - Teams: Each team should elect a team leader to complete a form on behalf of the team itself. However, all individuals in teams also should complete a form with their own details and hand this to their team leader. Costs = £10 per person in the team although there is no additional cost per team, hence a team of nine walkers = £90 registration fee in total.

Please return your registration form together with the cheque to the following address:

'Pink Ladies' P.O.Box 92, St.Peter Port, Guernsey GY1 4BU

Closing date for receipt of registration forms = 31st May 2009

DISCLAIMER: All entrants take part at their own risk and the organizers and committee of the Pink Ladies accept no responsibility for personal accidents

All proceeds will go to the Pink Ladies Breast Cancer Support Group & Les Bourgs Hospice.